## HealthFlex Exchange

Central Texas Conference Participant Workshop September 29, 2015

## **Agenda**

- Overview
- Changing Health Care Landscape and Needs
- Conceptual Framework
- Plan Choices
- Defined Contribution (DC)
- Health Accounts—HRA, HSA, FSA
- Decision Support Tools
- Plan Election "How-To"



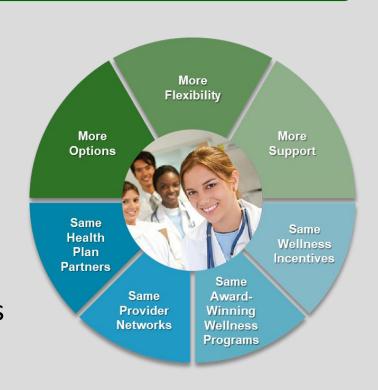
Video Segment A

## What Is HealthFlex Exchange?

## Same trusted, quality group health plan and many features as today

#### **Key Differences**

- More plan choices
- Greater flexibility to "shop"
- Increased control over costs
- Better alignment with needs
- Greater decision-making supports



## **Changing Health Care Landscape**

#### **Affordable Care Act (ACA)**



- 2018—Cadillac Tax imposes high penalties for "generous" health plans
- Public Marketplace (www.healthcare.gov) introduces to consumer public:
  - Individual choice
  - "Metal plans"
  - Comparative shopping for health insurance

## **Changing Health Care Landscape**



## Consumerism and Accountability

- Cost-sharing and transparency facilitate informed decisions about care options
- Improved cost sustainability

Most expensive plan—not best fit for everyone

## **HealthFlex Strategic Direction**

#### Alignment with ACA strategy and policy

- Avoid Cadillac tax
- Ensure minimum value of coverage, benefit adequacy

#### Continued migration toward "consumer" plans

- Overall plan value below "Cadillac plan" threshold
- Greater individual accountability
  - > More choice and flexibility to meet individual needs
- Greater cost sustainability for plan sponsors

## HealthFlex Exchange—Conceptual Framework

#### **More Plan Options**

5 Medical/Rx • 3 Dental • 2 Vision Options



Higher premiums, lower out-of-pocket



Lower premiums, higher out-of-pocket



YOU "Shop" for Plan with "Credit" (defined contribution)



SILVER

**More** premium owed

**Less** premium owed

Premium costs offset by "credit" (fixed defined contribution)





Defined Contribution ("credit") > Premium = "Excess" deposit to: HRA or HSA

or



Premium > Defined Contribution = Salary Deduction

(Medical, Dental, Vision)

# HealthFlex Exchange: Same Quality

- BlueCross BlueShield
- OptumRx (formerly Catamaran)
- United Behavioral Health
- VSP and CIGNA

Same Health Plan Partners

> Same Provider Networks

 No narrow networks or restrictive formularies

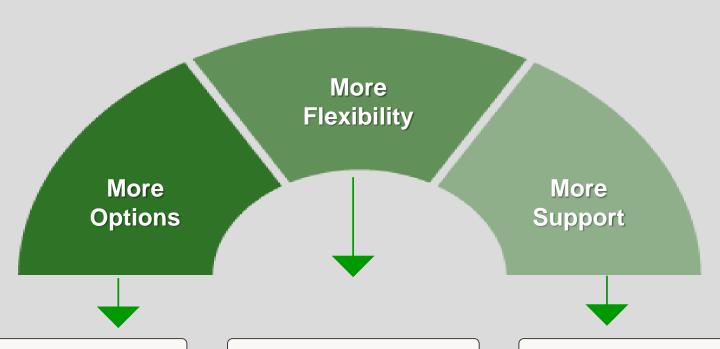
- HealthCash for activity, screening and Wellness Points
- Avoid higher deductible by taking HQ

Same Wellness Incentives

Same Award-Winning Wellness Programs

> WebMD, Virgin Pulse, Quest, Evive Health and more

## HealthFlex Exchange: More Choice



- Medical/Rx, dental and vision options
  - > 5 medical/pharmacy plan combinations
  - > 3 dental choices
  - > 2 vision choices

- Align plan with personal needs
  - > Medical needs
  - > Financial situation
  - Comfort with unexpected expenses

- Guidance for plan selection
  - > WebMD's Coverage Advisor (September)
  - MyChoice decision support
  - > Telephone support

# HealthFlex Exchange— Not a Government Exchange

#### **HealthFlex Exchange**

- Broad networks
  - Nationwide networks
- No age-band rating
  - Important for clergy at or above our average age (>50)
- Non-taxable plan sponsor contributions
- Wellness programs and related incentives always included

#### Public Exchange(s)

- Narrowed networks
  - Up to 75% of doctors could be omitted; can be difficult to assess this before selecting plan
- Age-banded rating
  - Premiums vary up to 3x by age
- No pre-tax funding
  - Tax credits for those who qualify (not everyone)
- No wellness wraparound



Video Segment B: Plans

## **HealthFlex Plans**



#### Included in All HealthFlex Plans

- Preventive care covered at 100%
- Plan specific embedded pharmacy plan benefit
- Embedded "gold" behavioral health benefit (regardless of benefit plan chosen)
- Combined medical-pharmacy out-of-pocket maximum; New for 2016. Maximum amount paid by participant varies by plan.
- No lifetime maximum benefit
- Wellness programs and incentives

## **Types of Medical Plans**

	PPO B1000	CDHP C2000 (Gold)   C3000 (Silver)	HDHP H1500 (Gold)   H2000 (Silver)
Co-pay	Fixed co-pay for office visits; then 100% coverage	N/A	N/A
Deductibles	<ul> <li>Medical—deductible for other medical services; then % co-insurance</li> <li>Rx—no deductible</li> </ul>	<ul> <li>Medical—deductible for all medical services (higher than PPO), then % co-insurance</li> <li>Rx—no deductible</li> </ul>	Combined medical and Rx deductible— higher than PPO; then % co-insurance
HRA/HSA	No Plan Sponsor Funded HRA/HSA (Please note: excess Defined Contribution is put into an HRA)	HRA—plan sponsor-funded; partially offsets increased deductible exposure	HSA—plan sponsor-funded; optional participant contributions; helps offset increased combined deductible exposure
Out of Pocket Maximums	Yes; combined medical and Rx deductible, copayments and coinsurance	Yes; combined medical and Rx deductible, co-payments and co-insurance	Yes; combined medical and Rx deductible, co-payments and co-insurance

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## PPO vs. CDHP vs. HDHP— Health Accounts Comparison

	PPO	CDHP—with HRA	HDHP—with HSA
Eligible Expenses	N/A	Medical/Rx, behavioral health, dental, vision	Medical/Rx, behavioral health, dental, vision
Account Funding	N/A	Plan sponsor contributions only	Plan sponsor contributions; optional participant pre-tax contributions
Interest	N/A	No interest earned	Earns interest (similar to bank account)
Portability	N/A	Stays with plan	Belongs to participant
Health Account Compatibility	Full-use FSA Full-use HRA (excess DC for HRA)	Full-use FSA Full-use HRA	Limited-use FSA Limited-use HRA (for existing balance) dental and vision expenses only

## "Gold" Plans: At A Glance

	Gold PLANS				
	B1000—Rx: P1	C2000 (with HRA)—Rx: P2	H1500 (with HSA)—Rx: P3		
Wellness Visits	100%	100%	100%		
Office Visits	Co-pay, then plan plays 100%	Deductible, then plan pays 80%	Deductible, then plan pays 80%		
Other Medical Services	Deductible, then plan pays 80%	Deductible, then plan pays 80%	Deductible, then plan pays 80%		
Behavioral Health	Co-pay, then plan pays 100%	Deductible, then plan pays 80%	Deductible, then plan pays 80%		
Prescription Drugs (Rx)	Not part of deductible; participant pays 20% co-insurance (min/max applies)	Not part of deductible; participant pays 25% co-insurance (min/max applies)	Deductible; then participant pays 25% co-insurance (min/max applies)		
Plan Sponsor Funding	N/A	HRA Single: \$1,000 Family: \$2,000	HSA Single: \$750 Family: \$1,500		

## "Silver" Plans—At A Glance

	SILVER	PLANS	
	C3000 (with HRA)—Rx: P2	H2000 (with HSA)—Rx: P4	
Wellness Visits	100%	100%	
Office Visits	Deductible, then plan pays 50%	Deductible, then plan pays 70%	
Other Medical Services	Deductible, then plan pays 50%	Deductible, then plan pays 70%	
Behavioral Health	Deductible, then plan pays 50%	Deductible, then plan pays 70%	
Prescription Drugs (Rx)	Not part of deductible, participant pays 25% co-insurance (min/max applies)	Deductible, then participant pays 25% co-insurance (min/max applies)	
Plan Funding	HRA: • Single: \$250 • Family: \$500	HSA: • Single: \$500 • Family: \$1,000	

## **Benefits Summary**

#### Deductible, Co-insurance and OOP Maximum

	<b>B1000</b>	<b>C2000</b>	<b>H1500</b>	<b>C3000</b>	<b>H2000</b>
	"Gold"	"Gold"	"Gold"	"Silver"	"Silver"
	Rx: P1	Rx: P2	Rx: P3	Rx: P3	Rx: P4
Deductible Individual Family	• \$1,000	• \$2,000	• \$1,500*	• \$3,000	• \$2,000*
	• \$2,000	• \$4,000	• \$3,000*	• \$6,000	• \$4,000*
Co-insurance (Plan Pays)	80%	80%	80%	50%	70%
Out-of-Pocket (OOP) Maximum (Includes Medical and Rx Deductible) Individual Family	• \$5,000	• \$6,000	• \$6,000	• \$6,500	• \$6,500
	• \$10,000	• \$12,000	• \$12,000	• \$13,000	• \$13,000

<sup>\*</sup> For the H1500 and H2000, the deductible applies to Medical and Rx expenses; full family deductible must be met prior to plan covering costs if dependents are covered.

# **Benefits Summary**Office Visits, Urgent Care ER

#### Participant pays:

	<b>B1000</b> "Gold" Rx: P1	<b>C2000</b> "Gold" Rx: P2	<b>H1500</b> "Gold" Rx: P3	<b>C3000</b> "Silver" Rx: P3	<b>H2000</b> "Silver" Rx: P4
Primary Care Office Visits	\$30 co-pay	20% after deductible	20% after deductible	50% after deductible	30% after deductible
Specialist Office Visits	\$50 co-pay	20% after deductible	20% after deductible	50% after deductible	30% after deductible
PT, OT, Speech, Dietitian and Chiropractic Office Visits	\$30 co-pay	20% after deductible	20% after deductible	50% after deductible	30% after deductible
Urgent Care	\$100 co-pay	20% after deductible	20% after deductible	50% after deductible	30% after deductible
Emergency Room Visit	\$200 co-pay	20% after deductible	20% after deductible	50% after deductible	30% after deductible

# **Benefits Summary**Retail Pharmacy Benefit—30 Day

	<b>B1000</b> "Gold" Rx: P1	<b>C2000</b> "Gold" Rx: P2	<b>H1500</b> "Gold" Rx: P3	<b>C3000</b> "Silver" Rx: P2	<b>H2000</b> "Silver" Rx: P4
Generic	\$15	\$15	\$15 after deductible	\$15	\$15 after deductible
Brand— Preferred	<ul><li>20% co-payment</li><li>\$20-\$55 (min/max)</li></ul>	<ul><li>25% co-payment</li><li>\$25-\$65 (min/max)</li></ul>	<ul> <li>25% co-payment after deductible</li> <li>\$25-\$65 (min/max)</li> </ul>	<ul><li>25%</li><li>co-payment</li><li>\$25-\$65</li><li>(min/max)</li></ul>	<ul> <li>25%</li> <li>co-payment</li> <li>after</li> <li>deductible</li> <li>\$25-\$65</li> <li>(min/max)</li> </ul>
Brand— Non Preferred	<ul><li>25% co-payment</li><li>\$40-\$110 (min-max)</li></ul>	<ul><li>30% co-payment</li><li>\$50-\$120 (min-max)</li></ul>	<ul> <li>30% co-payment after deductible </li> <li>\$50-\$120</li> <li>(min-max)</li> </ul>	<ul><li>30%</li><li>co-payment</li><li>\$50-\$120</li><li>(min-max)</li></ul>	<ul> <li>30%</li> <li>co-payment</li> <li>after</li> <li>deductible</li> <li>\$50-\$120</li> <li>(min-max)</li> </ul>

Prior authorization, quantity limits, mandatory generic and mandatory mail-order apply for all plans.

## **Benefits Summary**

### Mail-Order Pharmacy Benefit—90 Day

	<b>B1000</b> "Gold" Rx: P1	<b>C2000</b> "Gold" Rx: P2	<b>H1500</b> "Gold" Rx: P3	<b>C3000</b> "Silver" Rx: P2	<b>H2000</b> "Silver" Rx: P4
Generic	\$35	\$35	\$35 after deductible	\$35	\$35 after deductible
Brand— Preferred	<ul><li>20% co-payment</li><li>\$40-\$120 (min/max)</li></ul>	<ul> <li>25%         co-payment</li> <li>\$60-\$150         (min/max)</li> </ul>	<ul> <li>25% co-payment after deductible</li> <li>\$60-\$150 (min/max)</li> </ul>	<ul><li>25%</li><li>co-payment</li><li>\$60-\$150</li><li>(min/max)</li></ul>	<ul> <li>25%</li> <li>co-payment</li> <li>after</li> <li>deductible</li> <li>\$60-\$150</li> <li>(min/max)</li> </ul>
Brand— Non Preferred	<ul><li>25% co-payment</li><li>\$85-\$240 (min/max)</li></ul>	<ul><li>30% co-payment</li><li>\$95-\$260 (min/max)</li></ul>	<ul> <li>30% co-payment after deductible </li> <li>\$95-\$260</li> <li>(min/max)</li> </ul>	<ul><li>30%</li><li>co-payment</li><li>\$95-\$260</li><li>(min/max)</li></ul>	<ul> <li>30%</li> <li>co-payment</li> <li>after</li> <li>deductible</li> <li>\$95-\$260</li> <li>(min/max)</li> </ul>

Prior authorization, quantity limits, mandatory generic and mandatory mail-order apply for all plans.

## **Low Utilization Claim Example**

## Participant-Only Coverage

Total Claims: \$475	<b>B1000</b> "Gold" Rx: P1	<b>C2000</b> "Gold" Rx: P2	<b>H1500</b> "Gold" Rx: P3	<b>C3000</b> "Silver" Rx: P2	<b>H2000</b> "Silver" Rx: P4
Wellness Exam (\$300)	100% covered	100% covered	100% covered	100% covered	100% covered
1 PCP Office Visit (\$400 total)	\$30 (co-pay)	\$400 (all toward deductible)	\$400 (all toward deductible)	\$400 (all toward deductible)	\$400 (all toward deductible)
1 Generic Rx (\$75/month total)	\$15	\$15	\$75 (all toward deductible)	\$15	\$75 (all toward deductible)
Total Participant Paid	\$45	\$415	\$475	\$415	\$475
Less Plan Sponsor Account Funding	\$0	\$1,000	\$750	\$250	\$500
Net Claims OOP	\$45	\$0	\$0	\$165	\$0
Remaining Plan Sponsor Funding	N/A	\$585	\$285	\$0	\$25

For illustrative purposes only; many factors to still consider: DC amount, premiums, and PS funding.

## **Medium Utilization Claim Example**

## Participant-Only Coverage

Total Claims: \$9,300	<b>B1000</b> "Gold" Rx: P1	<b>C2000</b> "Gold" Rx: P2	<b>H1500</b> "Gold" Rx: P3	<b>C3000</b> "Silver" Rx: P2	<b>H2000</b> "Silver" Rx: P4
Wellness Exam (\$300)	100% covered	100% covered	100% covered	100% covered	100% covered
4 PCP Office Visit (\$1,600 total)	\$120 (co-pays)	\$1,600 (all towards deductible)	\$1520 (1500 towards deductible+\$20 co- ins)	\$1,600 (all towards deductible)	\$1,600 (all towards deductible)
3 Brand Rx (\$7,200 total)	\$1,440	\$1,800	\$1,800	\$1,800	\$1,800
2 specialty visits	\$100 (co-pays)	\$560 (\$400 deductible +\$160 co-ins)	\$240 (co-insurance)	\$1,200 (deductible)	\$640(\$400 towards deductible + \$240 co-ins)
Total Participant Paid	\$1,760	\$3,960	\$3,560	\$4,600	\$4,040
Less Plan Sponsor Account Funding	\$0	\$1,000	\$750	\$250	\$500
Net Claims OOP	\$1,660	\$2,960	\$2,810	\$4,350	\$3,540
Remaining Plan Sponsor Funding	N/A	\$0	\$0	\$0	\$25

For illustrative purposes only; many factors to still consider: DC amount, premiums, and PS funding.

## **High Utilization Claim Example**

## Participant-Only Coverage

Total Claims: \$19,400	<b>B1000</b> "Gold" Rx: P1	<b>C2000</b> "Gold" Rx: P2	<b>H1500</b> "Gold" Rx: P3	<b>C3000</b> "Silver" Rx: P2	<b>H2000</b> "Silver" Rx: P4
Wellness Exam (\$300)	100% covered	100% covered	100% covered	100% covered	100% covered
3 PCP Office Visit (\$1,200 total)	\$90 (co-pays)	\$1,200 (all towards deductible)	\$1,200 (all towards deductible)	\$1,200 (all towards deductible)	\$1,200 (all towards deductible)
4 Brand Rx (\$9,600 total)	\$1,920 (co-ins)	\$2,400 (co-ins)	\$2,400 (co-ins)	\$2,400 (co-ins)	\$2,400 (co-ins)
4 specialty visits	\$200 (co-pays)	\$1,120 (\$800 deductible+ \$320 co-ins)	\$720 (\$300 deductible+ \$420 co-ins)	\$2,100 (\$1,800 deductible+ \$300 co-ins)	\$1,280( \$800 towards deductible + \$480 co-ins)
Outpatient Surgery (\$7,000 total)	\$2,200 (\$1,000 deductible + \$1,200 co-ins)	\$1,400 (co-ins)	\$1,400 (co-ins)	\$3,200 (out of pocket max)	\$1,620 (out of pocket max met)
Total Participant Paid	\$4,340	\$6,120	\$5,720	\$6,500	\$6,500
Less Plan Sponsor Account Funding	\$0	\$1,000	\$750	\$250	\$500
Net Claims OOP	\$4,340	\$5,120	\$4,970	\$6,250	\$6,000
Remaining Plan Sponsor Funding	N/A	\$0	\$0	\$0	\$0

For illustrative purposes only; many factors to still consider: DC amount, premiums, and PS funding.

#### **Dental and Vision Plan Choices**



#### Dental\*

- Traditional
- PPO
- Passive PPO



#### Vision\*

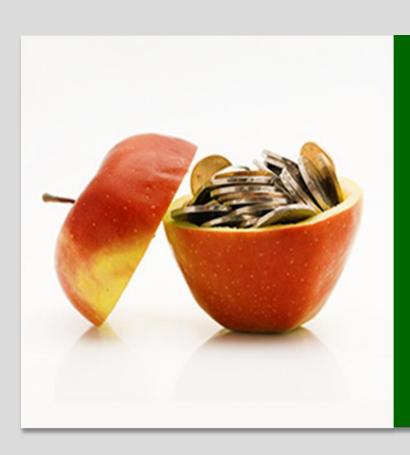
- Exam only—copay
  (glasses, materials discounted)
  - No Additional Premium
- Full service—exam copay (glasses, materials benefits)
  - With Additional Premium

<sup>\*</sup> Can use defined contribution to pay for applicable premiums



Video Segment C: Defined Contribution

## What Is a "Defined Contribution" (DC)?

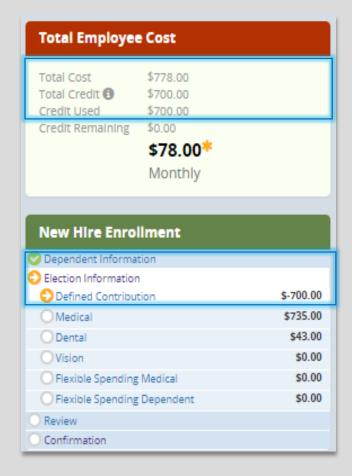


- New approach to cost share
- Fixed-dollar amount (credit) from the plan sponsor
- Use to "shop for" your
   HealthFlex plan



## DC—New Approach to Employer Cost Share

- Can be used for Medical/Rx, Dental and Vision plan premiums
- Appears as monthly "credit" toward your HealthFlex plans purchase



#### **Central TX Conference Defined Contribution (DC) 2016**

Active Clergy / Lay \$9,156 / year \*

Pre-65 Clergy Retiree \$1,000 / year

Surviving Dependent Clergy \$4,578 / year

Clergy Medical Leave \$4,578 / year

\* Equal to CDHP C2000 plus Passive PPO Dental Premiums

## DC Helps You Pay for Plan

	Monthly DC Amount	Monthly Medical Premium	Difference
Pastor John	\$600	\$700	-\$100
Pastor Judy	\$600	\$500	\$100

Premium (plan choice) more than allocated DC (credit)

You owe MORE Additional monthly cost is deducted from your paycheck (if applicable)

or

Premium (plan choice)
Less than allocated DC (credit)

You owe NOTHING

Remaining monthly DC balance is credited to your HRA or HSA (if applicable; depending on plan selected)

## **DC/Premium—Aggregate View Medical Only**Central Texas

Monthly	B1000	C2000	H1500	C3000	H2000
Rates by	"Gold"	"Gold"	"Gold"	"Silver"	"Silver"
Tier	Rx: P1	Rx: P2	Rx: P3	Rx: P2	Rx: P4
• Premium • DC • Net Impact	\$735	\$720	\$707	\$662	\$673
	\$763	\$763	\$763	\$763	\$763
	(\$28)	(\$43)	(\$56)	(\$101)	(\$90)
<ul><li>EE + 1</li><li>Premium</li><li>DC</li><li>Net Impact</li></ul>	\$1,756	\$1,721	\$1,690	\$1,582	\$1,609
	\$763	\$763	\$763	\$763	\$763
	\$993	\$958	\$927	\$819	\$846
• Premium • DC • Net Impact	\$2,218	\$2,174	\$2,135	\$1,998	\$2,032
	\$763	\$763	\$763	\$763	\$763
	\$1,455	1,411	\$1,372	\$1,235	\$1,269

## **Low Utilization Claim Example**

### Participant Only - Central Texas

**Total Claims: \$475** 

	<b>B1000</b> "Gold" Rx: P1	<b>C2000</b> "Gold" Rx: P2	<b>H1500</b> "Gold" Rx: P3	<b>C3000</b> "Silver" Rx: P2	<b>H2000</b> "Silver" Rx: P4
Total Participant Paid	\$45	\$415	\$475	\$415	\$475
Less Plan Sponsor Account Funding	\$0	\$1,000	\$750	\$250	\$500
Net Claims OOP	\$45	\$0	\$0	\$165	\$0
Annual Premium	\$8,820	\$8,640	\$8,484	\$7,944	\$8,076
DC Amount	\$9,156	\$9,156	\$9,156	\$9,156	\$9,156
Add Participant Contribution or <less> PS Funding for Plan Extra Premium</less>	(\$336)	(\$516)	(\$672)	(\$1,212)	(\$1,080)
TOTAL NET COST (Claims + DC/Premium "Difference")	\$0	\$0	\$0	\$0	\$0

For illustrative purposes only

## **Medium Utilization Claim Example**

### Participant Only - Central Texas

Total Claims: \$9,300

	<b>B1000</b> "Gold" Rx: P1	<b>C2000</b> "Gold" Rx: P2	<b>H1500</b> "Gold" Rx: P3	<b>C3000</b> "Silver" Rx: P2	<b>H2000</b> "Silver" Rx: P4
Total Participant Paid	\$1,660	\$3,960	\$3,560	\$4,600	\$4,040
Less Plan Sponsor Account Funding	\$0	\$1,000	\$750	\$250	\$500
Net Claims OOP	\$1,660	\$2,960	\$2,810	\$4,350	\$3,540
Annual Premium	\$8,820	\$8,640	\$8,484	\$7,944	\$8,076
DC Amount	\$9,156	\$9,156	\$9,156	\$9,156	\$9,156
Add Participant Contribution or <less> PS Funding for Plan Extra Premium</less>	(\$336)	(\$516)	(\$672)	(\$1,212)	(\$1,080)
TOTAL NET COST (Claims + DC/Premium "Difference")	\$1,324	\$2,444	\$2,138	\$3,138	\$2,460

For illustrative purposes only

## **High Utilization Claim Example**

### Participant Only - Central Texas

**Total Claims: \$19,400** 

	<b>B1000</b> "Gold" Rx: P1	<b>C2000</b> "Gold" Rx: P2	<b>H1500</b> "Gold" Rx: P3	<b>C3000</b> "Silver" Rx: P2	<b>H2000</b> "Silver" Rx: P4
Total Participant Paid	\$4,410	\$6,000	\$5,720	\$6,500	\$6,500
Less Plan Sponsor Account Funding	\$0	\$1,000	\$750	\$250	\$500
Net Claims OOP	\$4,410	\$5,000	\$4,970	\$6,250	\$6,000
Annual Premium	\$8,820	\$8,640	\$8,484	\$7,944	\$8,076
DC Amount	\$9,156	\$9,156	\$9,156	\$9,156	\$9,156
Add Participant Contribution or <less> PS Funding for Plan Extra Premium</less>	(\$336)	(\$516)	(\$672)	(\$1,212)	(\$1,080)
TOTAL NET COST (Claims + DC/Premium "Difference")	\$4,074	\$4,484	\$4,298	\$5,038	\$4,920

For illustrative purposes only



Video Segment D: Health Accounts

#### **Health Accounts—Overview**

Tax-advantaged accounts offered with deductible-based plans—encourage participants to become more involved in their own health care decisions.

HRA—CDHP	HSA—Qualified HDHP
<b>C2000</b> (\$1,000 participant / \$2,000 family)	<b>H1500</b> (\$750 participant / \$1,500 family)
<b>C3000</b> (\$250 participant / \$500 family)	<b>H2000</b> (\$500 participant / \$1,000 family)

# HRA vs. HSA—Similarities

	HealthFlex HRA	HealthFlex HSA
Eligible Expenses	Medical, dental and vision expenses	Medical, dental and vision expenses
Fund Accumulation	Unused balance rolls over year with no limit on accumulated funds	Unused balance rolls over year with no limit on accumulated funds
Ease of Use	Conveniently use single WageWorks debit card	Conveniently use single WageWorks debit card

# HRA vs. HSA—Funding

	HealthFlex HRA	HealthFlex HSA
Plan Integration	C2000/C3000	H1500/H2000
Funding/ Contributions/ Earnings	<ul> <li>Funded by plan sponsor</li> <li>Participant may not contribute</li> <li>Account does not earn interest</li> </ul>	<ul> <li>Funded by plan sponsor</li> <li>Participant may contribute pre-tax dollars through payroll deductions</li> <li>Account earns interest</li> </ul>
Funding Limits	No annual limit	Annual IRS/federal limit (total plan sponsor and participant contributions):  • \$3,350 (self-only)  • \$6,750 (family)  • Individuals 55 and older may contribute extra \$1,000 annually (\$4,350 self-only; \$7,750 family)
Funds availability	<ul> <li>Available in full;</li> <li>beginning of plan year</li> <li>Plan spons available in full;</li> <li>Participan available remarks</li> </ul>	
Medicare Enrollment (A or B)	Plan Sponsor funding continues	<ul> <li>Plan Sponsor and participant funding terminates</li> <li>Can use balance to pay for premiums</li> </ul>

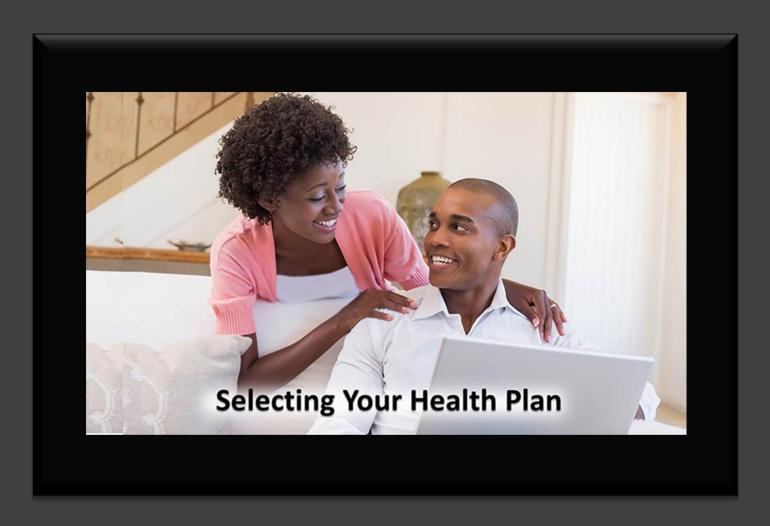
# HRA vs. HSA— Expenses and Compatibility

	HealthFlex HRA	HealthFlex HSA	
Eligible Expenses (as stand alone accounts)	Medical, dental and vision expenses	Medical, dental and vision expenses	
Compatibility with Flexible Spending Account (MRA)	Yes. Account can be used for eligible medical, dental and vision expenses	Yes. MRA can be used for dental and vision expenses only (limited use)	
Compatibility with HRA (participant or spouse)		Yes. HRA can be used for dental and vision expenses only (limited use)	
Compatibility with HAS (participant or spouse)	Yes. HRA can be used for dental and vision expenses only (limited use)		

# HRA vs HSA— Carryover and Termination

	HealthFlex HRA	HealthFlex HSA
Carryover at year-end	Unused accumulated balance carries over year to year with no limit  Unused accumulated balance carries over year with no limit	
If you lose HealthFlex eligibility (but still with UMC)	Unused balance is available until no longer affiliated with UMC	Unused balance is portable; remains with the participant indefinitely
If you terminate from the UMC (i.e., no longer affiliated with UMC)	Unused balance is available for up to one year; then remaining balance is forfeited	Unused balance is portable; remains with the participant indefinitely

**Consult HRA vs. HSA handout** 



Video Segment E: Decision Support

# **Key Considerations— Shopping for Coverage**



#### **Family Size**

- Spouse or children covered
- DC amount based upon who is covered
- Premium based on number of dependents covered

#### **Budget**

- Higher premiums, lower cost-sharing for participants, and potentially lower OOP costs
- Lower premiums, greater cost-sharing for participants, and potentially greater OOP costs

#### **Medical Needs**

- Emergency (and other unplanned) procedures
- Future planned costs (i.e., surgery, birth, etc.)
- Retiree premiums

### Decision Supports Summary— General Board



### Decision Supports Summary— Conference



### **Web Page**

www.ctcumc.org/healthflex2016

- Plan information
- Plan premiums comparison
- Education Materials

#### http://www.gbophb.org



HealthFlex/WebMD Website

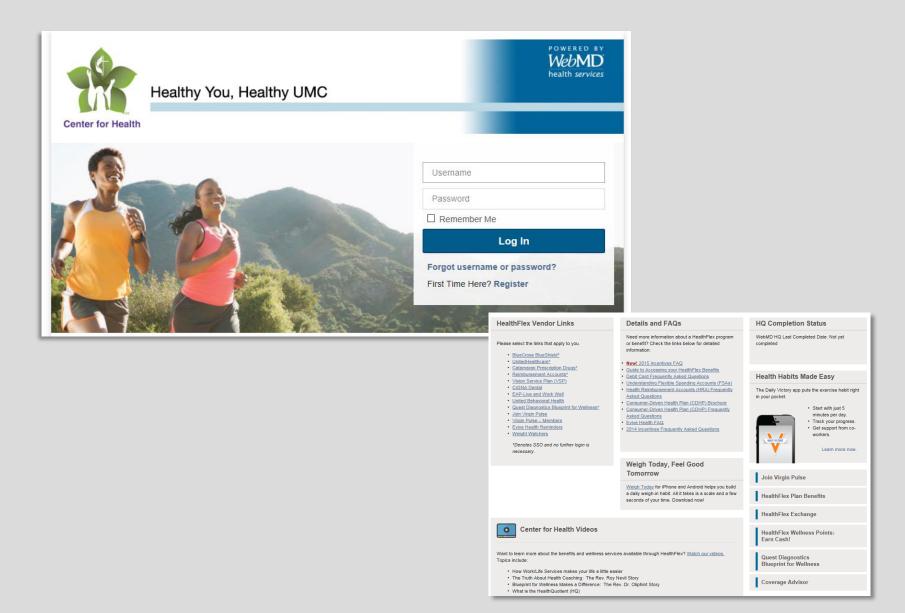
## HealthFlex/WebMD Website



# HealthFlex/WebMD—gateway to all HealthFlex Exchange information, including:

- Consumer Education Tools
- Details and FAQs
- HealthFlex Vendor Links
- HealthFlex Plan Benefits

# HealthFlex/WebMD Website



### **Coverage Advisor**



#### Healthy You, Healthy UMC



Contor for frount

Home

Message Center

Benefits

Videos

**Health Topics** 

**Health Tools** 

Wellness Success Stories

Rewards



#### Coverage Advisor

Understanding your medical benefits can be challenging. This tool will estimate the costs of different insurance plans based on your expected use of health care services.

#### Welcome

Coverage Advisor helps you consider the financial and tax impact of your plan choices, so you can select the one that best meets your needs. This tool typically takes about 10 to 15 minutes to complete.

The cost estimates this tool provides are based on information you provide about yourself, your family, and your health care needs. The information you enter in this tool is confidential. You will receive the most accurate results if you provide complete answers.

Learn about your benefits plan options and select the plan that's right for you!

To review and model plans...

View 2016 Plans

### **Coverage Advisor**

- Coverage Advisor is a tool available through WebMD to help you estimate the costs of your insurance plans
  - Estimate costs based upon your expected use of services
  - Customized based upon information you provide for each member who is covered
  - Annualized premiums
- Coverage Advisor also provides general plan information
  - Co-insurance, co-pays,
     and out-of-pocket maximums

#### Consumer Tools to Guide your Health Care Choices



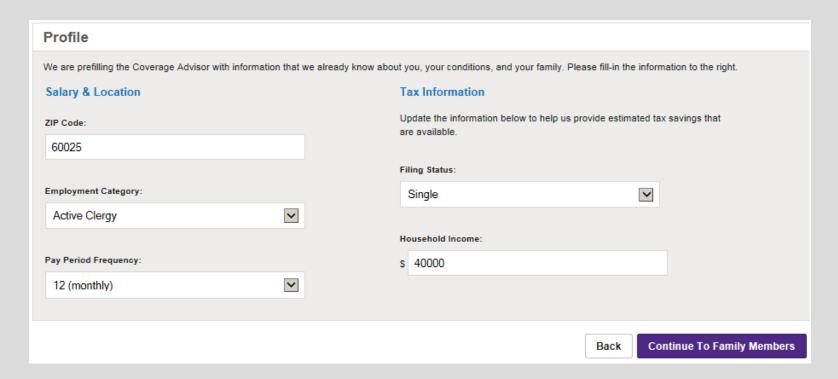
#### Guide Your Health Care Choices with These Useful Tools!

During Annual Election or any major life event, use <u>Coverage Advisor</u> to estimate your out-of-pocket medical expenses under the CDHP. Coverage Advisor also can help you estimate how much money to set aside in your flexible spending account (FSA).

All year long, use the following tools to make choices about doctors, hospitals, procedures, and medications that are best for your health and your budget:

- Estimate prescription drug costs
- Find an in-network <u>provider</u> for the lowest out-of-pocket costs
- Estimate the <u>cost of a treatment</u> at different hospitals
- Compare <u>hospital quality</u> for a treatment or procedure
- Look up eligible expenses under Flexible Spending Account Information

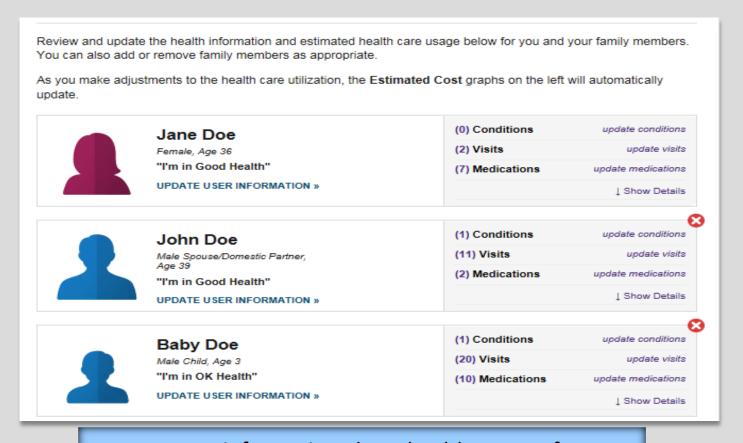
## **Coverage Advisor—Family Profile**



Information may be prepopulated if you have used Coverage Advisor in the past. Make any necessary updates.

Your responses are confidential. Your church, annual conference, employer, HealthFlex, the General Board or your insurance carrier cannot access your responses. Businessolver is bound by the HIPAA Privacy Rule to protect your privacy.

## **Coverage Advisor—Family Profile**



Enter information about health status of each family member to more accurately estimate costs per plan. General and detailed options available.

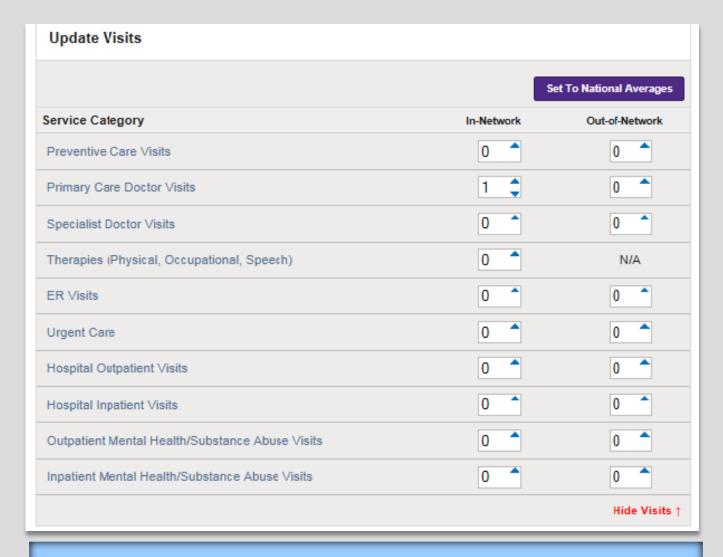
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# **Coverage Advisor—Update Conditions**

Update Conditions
Conditions
Indicate if the family member has any of the conditions below. This will help to provide estimates of health care usage for this family member.
Asthma or COPD Heart disease (Coronary artery disease) Chronic musculoskeletal conditions Colon cancer Depression Diabetes (Type 1 or Type 2) Prostate cancer Stroke
Hide Conditions ↑

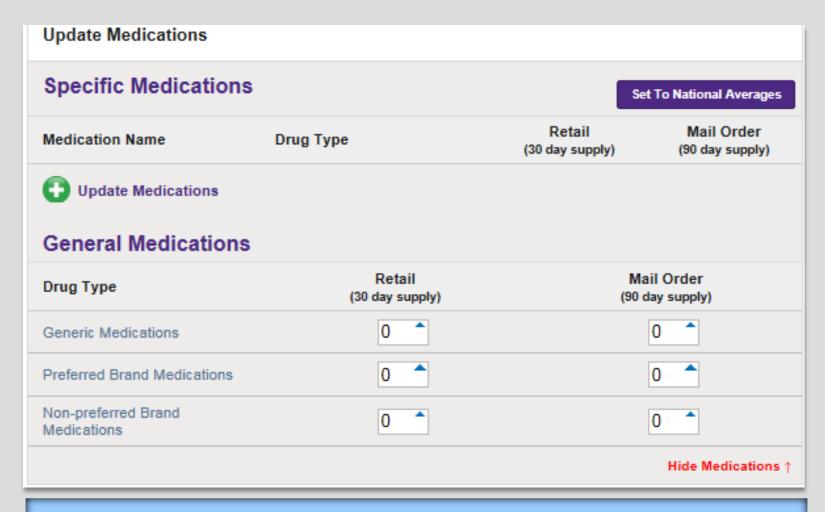
Enter detailed information regarding each member's medical conditions.

### **Coverage Advisor—Update Visits**



Indicate expected number of visits by service type.

### **Coverage Advisor—Update Medications**



Enter number of prescriptions you are filling at retail and/or mail order, and whether they are generic, preferred or non-preferred.

### **Coverage Advisor—Cost Summary by Plan**

	Cost Summary	Savings	Net Costs	Rollover Balance	Lost Funds
BCBSIL B1000P1	\$2,797	\$634	\$2,163	\$0	\$0
	Your estimated out-of-pocket expenses are detailed by type of expense. These estimates are based on the your health care usage and the plan's benefits.				
	Annual Premium \$2,472				
		Co-Pay	\$190		
	Deductible		\$0		
		Coinsurance	\$0		
		Prescriptions	\$135		
		Other Costs	\$0		
	Uncovered Health Care Expenses		\$0		
		Total Expenses	\$2,797		
BCBSIL CDHP C2000P2	\$2,738	\$1,141	\$1,597	\$1,326	\$0

Receive cost comparison by plan, including premium and estimated out-of- pocket costs for each plan

Cost estimates are for illustration only. Actual costs may vary.

# **Coverage Advisor—Benefit Comparison**

		Hide	(1) Hide	(1) Hide
	General Plan Information	BCBSIL B1000	BCBSIL CDHP C2000	BCBSIL CDHP C3000
<u>Hide</u>	Plan type	PPO	PPO	PPO
Hide	Phone	1-866-804-0976	1-866-804-0976	1-866-804-0976
Hide	Website	https://www.webmdhealth.com/qbophb/default.aspx? secure=1	https://www.webmdhealth.com/qbophb/default.aspx? secure=1	https://www.webmdhealth.com/qbophb/default.asp secure=1
	General Coverage Information	BCBSIL B1000	BCBSIL CDHP C2000	BCBSIL CDHP C3000
	Deductible	In-Network: \$1,000 Click here for more information	In-Network: \$750  Click here for more information	In-Network: \$750  Click here for more information
Hide	Individual	Out-of-Network: \$2,000 Click here for more information	Out-of-Network: \$1,500 Click here for more information	Out-of-Network: \$1,500 Click here for more information
	Deductible Family	In-Network: \$2,000 Click here for more information	In-Network: \$1,500 Click here for more information	In-Network: \$1,500 Click here for more information
Hide		Out-of-Network: \$4,000 Click here for more information	Out-of-Network: \$3,000 Click here for more information	Out-of-Network: \$3,000 Click here for more information
		In-Network: 80% after deductible	In-Network: 80% after deductible	In-Network: 80% after deductible
Hide	Co-insurance	Out-of-Network: 60% after deductible	Out-of-Network: 60% after deductible	Out-of-Network: 60% after deductible

### WebMD—Details and FAQs

- Access more detailed information about HealthFlex benefits
  - CDHP and HDHP brochures
  - Guides to understanding FSAs, HRAs and HSAs
- Frequently Asked Questions (FAQs)
  - Documents for understanding FSAs, HRAs and HSAs

#### Details and FAQs

Need more information about a HealthFlex program or benefit? Check the links below for detailed information:

- New! 2015 Incentives FAQ
- · Guide to Accessing your HealthFlex Benefits
- Debit Card Frequently Asked Questions
- Understanding Flexible Spending Accounts (FSAs)
- Health Reimbursement Accounts (HRA) Frequently Asked Questions
- . Consumer-Driven Health Plan (CDHP) Brochure
- Consumer-Driven Health Plan (CDHP) Frequently
  Asked Questions
- Evive Health FAQ
- 2014 Incentives Frequently Asked Questions

### WebMD—HealthFlex Vendor Links

# Ability to access all vendors (some through "single sign-on")

- Provider search
- Estimate costs of certain procedures, services and medications
- View claims history
- See current Rx costs through OptumRx (formerly Catamaran)
- Access health account information through WageWorks ("Reimbursement Accounts")

#### HealthFlex Vendor Links

Please select the links that apply to you.

- BlueCross BlueShield\*
- Catamaran Prescription Drugs\*
- Reimbursement Accounts\*
- Vision Service Plan (VSP)
- CIGNA Dental
- EAP-Live and Work Well
- · United Behavioral Health
- Quest Diagnostics Blueprint for Wellness\*
- Join Virgin Pulse
- Virgin Pulse Members
- Evive Health Reminders
- Weight Watchers

\*Denotes SSO and no further login is necessary.

#### WebMD—HealthFlex Plan Benefits

# Access the Reference Center in Businessolver

- Summary Plan Description
- Medical, Dental and Behavioral Health Benefit Booklets
- Benefit summaries
   (Summary of Benefits and Coverage)
- Reimbursement Account information
- HealthFlex Notice of Privacy Practices



### **Businessolver Telephonic Support**

#### Beginning in late October, you can contact Businessolver by phone for information regarding HealthFlex Exchange

- Basic medical plan information (PPO vs. CDHP vs. HDHP)
- Health Account information (FSA, HRA, HSA differences and limits)
- MyChoice "best options"



Businessolver 1-844-688-1375 Monday – Friday 7a.m.-7 p.m. CST



Video Segment F: Annual Election

# Annual Election (AE) November 4–19

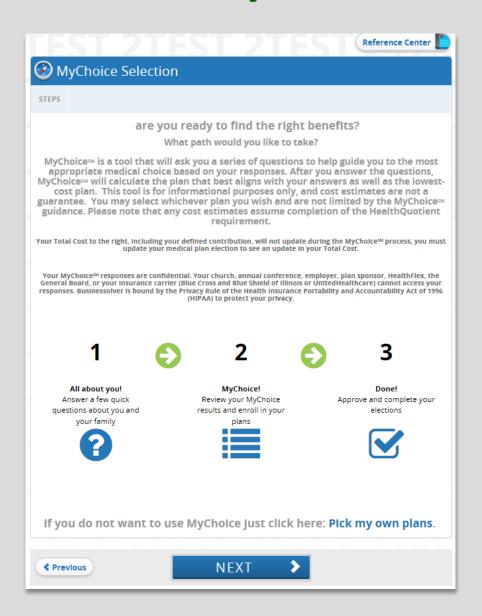
- During AE, you will make your elections for 2016
  - Use MyChoice to receive personalized medical/Rx plan options
  - Choose from the full suite of medical/Rx, dental and vision plans available
  - Use your defined contribution to "shop" for the plans
  - Elect to make FSA and/or HSA\* contributions
- If you do not make elections during AE, you will be automatically enrolled into the default plan(s) selected by your plan sponsor

<sup>\*</sup> HSA contributions require enrollment in a high-deductible health plan (HDHP) and attestation that you are eligible per IRS guidelines

# AE—MyChoice Online or Telephone

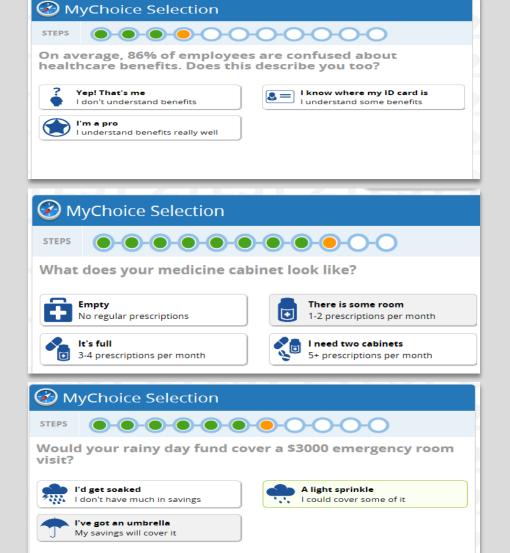
- MyChoice asks you questions and uses your answers to recommend a medical plan
  - Questions assess your view of overall health, ability to handle a medical emergency, and level of risk aversion
  - Allows you to personalize your usage of medical services to improve the "Low-Cost" option
  - Plan premiums—included
- Provides plan comparisons
  - You choose which plans to see side-by-side

### MyChoice—Selection



You can choose whether to continue to MyChoice or to *Pick my own plans*.

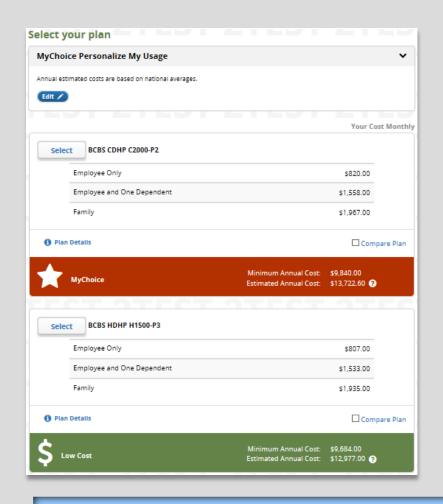
# **MyChoice—Information Gathering**



Answer questions about health, risk tolerance, financial situation

Your responses are confidential. Your church, annual conference, employer, HealthFlex, the General Board or your insurance carrier cannot access your responses. Businessolver is bound by the HIPAA Privacy Rule to protect your privacy.

# MyChoice—Medical/Rx Options





Options are a suggestion only, based on decision support tool.

You can select any available plan(s). Cost estimates are for illustration only.

Actual costs may vary.

### MyChoice—Personalize My Usage

MyChoice Personalize My Usa	ge		^
These usage statistics are based on how y this policy.	ou rated the	e health for all of the individuals to be covere	ed by
Preventive care/screening/immuni	1	Inpatient Hospital Care	0
Specialist visit	3	Primary care visit to treat an injury	4
Outpatient Lab and Pathology	8	Outpatient X-Ray	3
Emergency room services	0	Outpatient Surgery	1
Preferred brand drugs	16	Generic drugs	3

Personalize usage for your entire family to help estimate costs

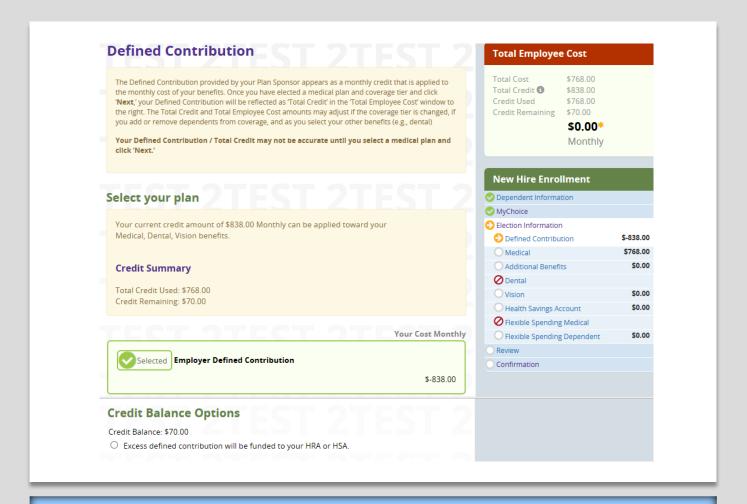
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# **Businessolver—Plan Comparison**

iled Plan Comparison			
	UHC PPO B1000-P1	UHC CDHP C2000-P2	UHC HDHP H1500-P3
	Select	Select	Select
Deductible (Individual)	\$1,000 (assumes completion of the Health Quotient requirements)	\$2,000 (assumes completion of the Health Quotient requirements)	\$1,500 Applies to participant-only coverage. Assumes completion of the HealthQuotient requirement.
Deductible (Family)	\$2,000 (assumes completion of the Health Quotient requirements)	\$4,000 (assumes completion of the Health Quotient requirements)	\$3,000 Applies to participant + 1 and family coverage. Assumes completion of the HealthQuotient requirement.
Coinsurance	80% (plan responsibility)	80% (plan responsibility)	80% (plan responsibility)

View side-by-side coverage comparisons

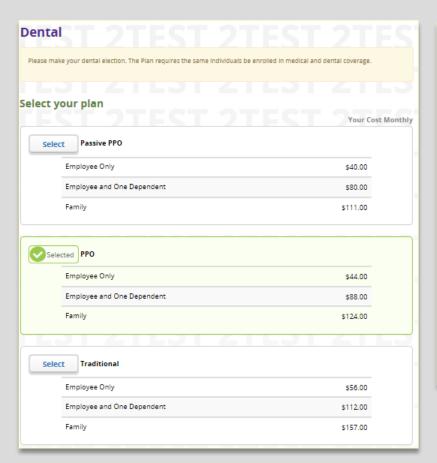
#### **Defined Contribution**

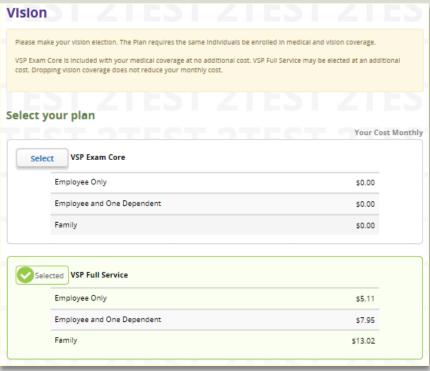


Defined contribution amount shows how much money you have to spend. Amount will change based upon tier or choosing to waive coverage.

Any unspent dollars will be added to your HRA or HSA (depending upon medical plan selected).

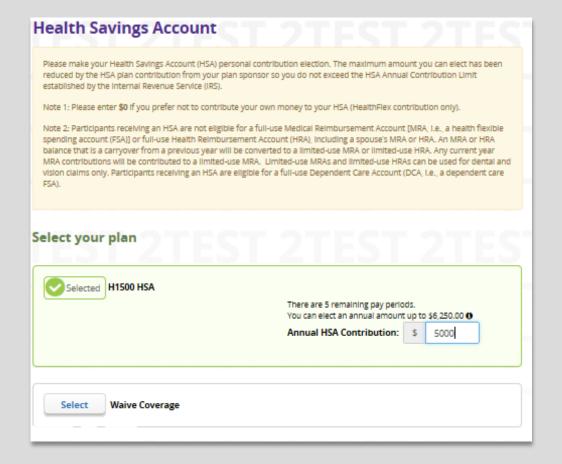
### **Dental and Vision**





Choose the dental and vision plans that best fit your needs.

# **Health Savings Account (HSA)**



#### **HSA**

If you elect to waive the Health Savings Account (HSA), your company contributions will not be contributed into an HSA.

If you are **not** eligible to open an HSA account, please click **No** to continue. If you are eligible to receive the company contributions into your HSA but do not want to make your own contributions, please click **Yes** below to select the HSA account and enter \$0.00 as your annual contribution.

HSAs are governed by the IRS. Please read all information provided.

#### **HSA Attestation**

By selecting the Health Savings Account, I confirm that; I am not enrolled in Medicare, TriCare or any other Health Care Plan, and I agree that HealthFlex can establish an HSA account on my

I Agree | I Disagree





I have read and I understand and accept the terms and conditions of the HSA Bank Disclosure Form, the Certifications and HSA Adoption Agreement, and the Custodial Account Agreement which are included in the links below. This includes my authorization for the Custodian or its affiliate Bank of New York Melion to accept instructions from me to exchange shares in my account by telephone, in accordance with HSA program restrictions and the procedures and conditions set forth in the applicable Funds' prospectuses. I also understand that I may update or change my account beneficiaries at any time using the BNY Melion's Beneficiary Designation Form or the WageWorks/BNY Melion HSA website via the "Reimbursement Accounts" link through HealthFlex/WebMD. Further, I have elected to apply electronically to open a Health Savings Account. Therefore, my "signature" on this application will be electronic. By submitting this application electronically, I understand that my electronic "signature" is binding to the same extent as my written signature. I have read and understand and accept the terms of this agreement.

#### Important Notice - The USA Patriot Act

To help the government fight the funding of terrorism and money laundering activities, Federal law requires all financial institutions to obtain, verify and record information that identifies each person who opens an account.

What this means to you: When you open your Health Savings Account, we ask for your name, address, date of birth and other information that will allow us to identify you. This information will be verified to ensure identity of all individuals.

#### Terms

https://www.smart-hsa.com/pdf/getpdf.asp?ld=WW-GBP\_AgreementDoc

#### **Electronic Statement Delivery**

Registering for the electronic delivery of documents service indicates your desire to decline paper statement delivery. If you elect to register for this service, instead of receiving your account statement by regular mall, you will receive an e-mail prompting you to visit your account via the WageWorks/BNY Mellon HSA website via the "Reimbursement Accounts" link through HealthRex/WebMD when your statement is available on the internet. We will maintain online access to current statement and prior year statement from the date on which the electronic statement or disclosure is available for viewing at the WageWorks/BNY Mellon HSA website. You understand that, by clicking the "Accept" button below, you are consenting to receive the materials described above electronically over the internet and that the posting of such materials at the WageWorks/BNY Mellon HSA website constitutes delivery of the materials to you.

https://www.smart-hsa.com/ElectronicDeliveryAgreement.pdf

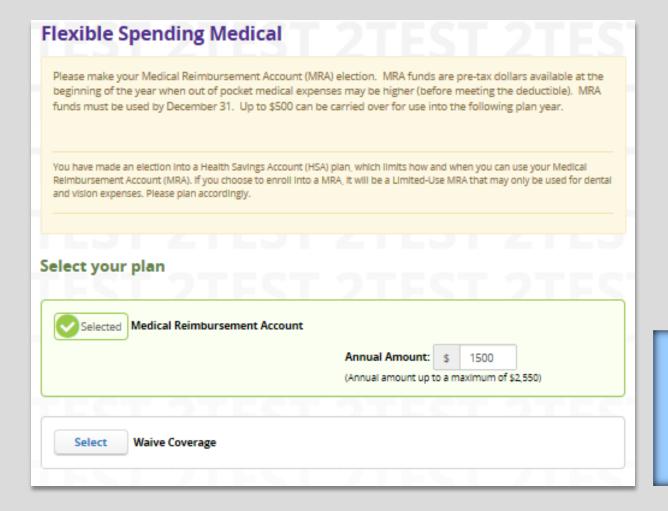
I Agree I Disagree





In order to receive individual or plan sponsor HSA contributions, you confirm you are eligible for an HSA and must agree to the terms and conditions provided.

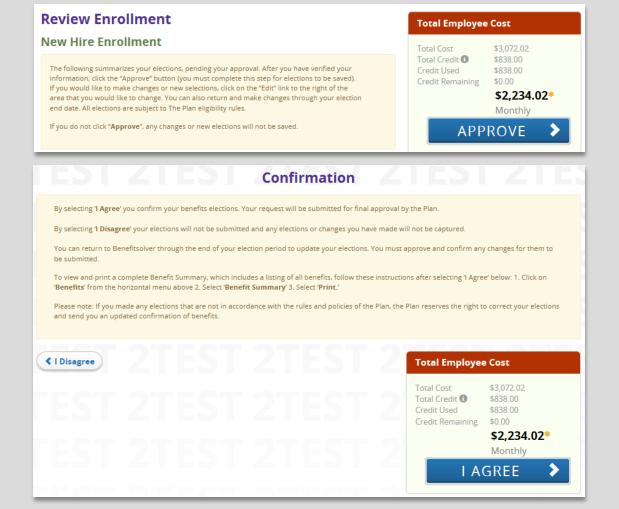
## Medical Reimbursement Account (MRA)



Participants who elect an HDHP are notified that all MRA elections are limited-use only.

## Review, Approve and Confirm

#### 2-step process to review, approve and confirm elections



#### **Timeline**

#### **Late August**

First mailing from HealthFlex



#### **September**

• Coverage Advisor Tool available



#### **October**

 Annual Election communications from Conference and HealthFlex; Businessolver telephonic support

#### **November**

- Annual Election Nov. 4-19
- Plan to make an election!
- Online MyChoice support



#### **December**

ID Cards are mailed



#### January 2016

New benefits go live!

# HealthFlex Exchange— Helps Church, Conference, You!

#### Benefits to Church, Conference

- Continue providing group health coverage in changing environment
- Support cost sustainability
- Manage year-to-year cost increases

#### **Benefits to Participants**

- Choices—select "best fit" plan for your needs
- Use your employer contribution in the most meaningful way
- Use decision support tools, assistance

#### **Annual Enrollment for 2016 Plans**

Starts November 4, 2015 Ends November 19, 2015

#### This is an active annual enrollment.

You are required to review your plan choices and make your elections or you will be placed in the default medical and dental plans (CDHP C2000/P2 RX and Passive PPO Dental).

